



**Hello SDSD Parents:**

The excitement is real, we have made it to recital weekend back at the amazing Staller Center at Stony Brook University. As you prepare your dancer(s) for the big show there are a few tips and requests the studio and the facility have.

- Dancers should arrive with their performance hair style already done, make-up already applied, and their costume on. Shoes can be changed into once in the dressing room
- Dancers should bring no more than a small bag with them. In the bag should be their needed dance shoes, a small, labeled disposable water bottle, and a small snack bag of goldfish or pretzels. No potato chips, Doritos, Cheetos, cookies, Oreos etc.

\*The facility has food restrictions in the dressing rooms so full sandwiches, candy, chocolate, etc., should not be sent with your dancer. The studio has eating in costume restrictions including the food mentioned above and any colored or carbonated drinks, Starbucks, soda, soda water, etc.

**And finally, anything with peanut butter, or any kind of nuts will not be permitted while backstage. We have too many dancers with severe allergies and cannot take risks with people's health. We hope you understand and appreciate your compliance.**

- Electronic devices are strongly discouraged. If you choose or permit your child to bring a cell phone, iPad, earbuds, headphones, etc. backstage knows in advance that the Facility and Studio are NOT responsible for any loss or damage. Please just do not send any kind of technology back with your dancer.
- If they have multiple dances in the same show, please make sure all pieces are labeled and in bags on a hanger. Any supplies needed (brush, elastics, bobby pins, the hair piece, travel size hair spray) for hair changes should be in a separate zip lock bag with an index card stating what needs to be done for which dance, i.e., Monday 9pm Jazz needs a High Ponytail with the hairpiece pinned to the right side.

**\*The facility provides TVs that cast the recital live so dancers backstage can absolutely watch the show for entertainment. The studio provides crayons, coloring books, and construction paper for entertainment as well. Please do not send any other craft supplies backstage. You can send your dancer back with a card game that you would not mind having returned with missing pieces or not at all.**

- Broadway Babies and Twinkle Tots parents will be contacted if their dancer needs a diaper change. It is best for all parents to take their dancer to the bathroom prior to check in so they can make it the 2.5 hours without needing to go again.
- Dancers do best with the separation from you at the check in table when you leave them with positive, encouraging words of excitement. They will be fine backstage, and they will do great on stage. This mindset helps everyone enjoy the show and look forward to the big hug at pick up after the finale.

\*Thank you for trusting us and making this the best show ever. Any further questions please email [manager@stagedoordancer.com](mailto:manager@stagedoordancer.com) or [costumes@stagedoordancer.com](mailto:costumes@stagedoordancer.com). See you Soon!