



# STAGE DOOR SCHOOL OF DANCE

## COMPETITIVE SCHEDULE

# SUMMER 2024 DANCE

A dance studio for everyone · July 8 - August 10

Stage Door School of Dance offers three different opportunities for dancers who wish to dance competitively.

- ✓ **SDSD Crew:** No Audition or invitation required. Simply enroll!
- ✓ **SDSD Select Program:** Pre-company development program by invitation only. Please contact [select@stagedoordancer.com](mailto:select@stagedoordancer.com) for more information.
- ✓ **SDSD Elite Company** Pre-professional development program by audition only (Auditions June 2). Please contact [company@stagedoordancer.com](mailto:company@stagedoordancer.com) for more information.

CREW			
Class	Age	Day	Time
Liberty/Carnegie Crew Broadway Jazz Production (Dock Show Performance Class)	5 to 10	Wednesday	7:00-8:00pm
Rockefeller/Empire Crew Broadway Jazz Production (Dock Show Performance Class)	11 to 17	Wednesday	8:00-9:00pm

SDSD SELECT PROGRAM: Downtown (Invitation Only)			
Class	Mandatory / Optional	Day	Time
Downtown Ballet	Mandatory Class	Monday	4:00-5:00pm
Downtown Jazz	Mandatory Class	Monday	5:00-6:00pm
Downtown Tap	Mandatory Class	Tuesday	4:00-5:00pm
Downtown Leap & Turn	Mandatory Class	Tuesday	5:00-6:00pm
Downtown/Uptown Strength & Conditioning	Optional Class	Wednesday	5:00-6:00pm

SDSD SELECT PROGRAM: Uptown (Invitation Only)			
Class	Mandatory / Optional	Day	Time
Uptown Ballet	Mandatory Class	Monday	5:00-6:00pm
Uptown Jazz	Mandatory Class	Monday	4:00-5:00pm
Uptown Tap	Mandatory Class	Tuesday	5:00-6:00pm
Uptown Leap & Turn	Mandatory Class	Tuesday	4:00-5:00pm
Downtown/Uptown Strength & Conditioning	Mandatory Class	Wednesday	5:00-6:00pm

SDSD ELITE COMPANY: BLUE LINE			
Class	Mandatory / Optional	Day	Time
Blue/Green Jazz	Mandatory Class	Monday	6:00-7:30pm
Blue/Green Ballet	Mandatory Class	Monday	7:30-9:00pm
Blue/Green Tap	Mandatory Class	Thursday	6:00-7:30pm
Blue/Green Leap & Turn	Mandatory Class	Thursday	7:30-9:00pm
Blue/Green Strength & Conditioning	Mandatory Class	Wednesday	6:00-7:00pm
Blue/Green Hip Hop	Optional Elective	Tuesday	6:00-7:00pm
Blue/Green Modern	Optional Elective	Tuesday	7:00-8:00pm
Blue/Green Lyrical	Optional Elective	Wednesday	7:00-8:00pm
Blue/Green Pre-Pointe/I	Optional Elective	Wednesday	8:00-9:00pm
Stretch & Flexibility	Optional Elective	Monday	9:00-10:00pm
Acro IV/V	Optional Elective	Saturday	11:00-12:00pm

SDSD ELITE COMPANY: GREEN LINE			
Class	Mandatory / Optional	Day	Time
Blue/Green Jazz	Mandatory Class	Monday	6:00-7:30pm
Blue/Green Ballet	Mandatory Class	Monday	7:30-9:00pm
Blue/Green Tap	Mandatory Class	Thursday	6:00-7:30pm
Blue/Green Leap & Turn	Mandatory Class	Thursday	7:30-9:00pm
Blue/Green Strength & Conditioning	Mandatory Class	Wednesday	6:00-7:00pm
Blue/Green Hip Hop	Optional Elective	Tuesday	6:00-7:00pm
Blue/Green Modern	Optional Elective	Tuesday	7:00-8:00pm
Blue/Green Lyrical	Optional Elective	Wednesday	7:00-8:00pm
Blue/Green Pre-Pointe/I	Optional Elective	Wednesday	8:00-9:00pm
Stretch & Flexibility	Optional Elective	Monday	9:00-10:00pm
Acro IV/V	Optional Elective	Saturday	11:00-12:00pm

SDSD ELITE COMPANY: YELLOW LINE			
Class	Mandatory / Optional	Day	Time
Yellow/Orange Ballet	Mandatory Class	Monday	6:00-7:30pm
Yellow/Orange Jazz	Mandatory Class	Monday	7:30-9:00pm
Yellow/Orange Leap & Turn	Mandatory Class	Thursday	6:00-7:30pm
Yellow/Orange Tap	Mandatory Class	Thursday	7:30-9:00pm
Yellow/Orange Strength & Conditioning	Mandatory Class	Wednesday	7:00-8:00pm
Yellow/Orange/Red Modern	Optional Elective	Tuesday	6:00-7:00pm
Yellow/Orange/Red Hip Hop	Optional Elective	Tuesday	7:00-8:00pm
Yellow/Orange/Red Lyrical	Optional Elective	Wednesday	8:00-9:00pm
Yellow/Orange/Red Pointe III/IV/V	Optional Elective	Wednesday	9:00-10:00pm
Y/O/R Wellness for the Dancer	Optional Elective	Wednesday	5:30-6:00pm
Stretch & Flexibility	Optional Elective	Monday	9:00-10:00pm
Acro IV/V	Optional Elective	Saturday	11:00-12:00pm

SDSD ELITE COMPANY: ORANGE LINE			
Class	Mandatory / Optional	Day	Time
Yellow/Orange Ballet	Mandatory Class	Monday	6:00-7:30pm
Yellow/Orange Jazz	Mandatory Class	Monday	7:30-9:00pm
Yellow/Orange Leap & Turn	Mandatory Class	Thursday	6:00-7:30pm
Yellow/Orange Tap	Mandatory Class	Thursday	7:30-9:00pm
Yellow/Orange Strength & Conditioning	Mandatory Class	Wednesday	7:00-8:00pm
Yellow/Orange/Red Modern	Optional Elective	Tuesday	6:00-7:00pm
Yellow/Orange/Red Hip Hop	Optional Elective	Tuesday	7:00-8:00pm
Yellow/Orange/Red Lyrical	Optional Elective	Wednesday	8:00-9:00pm
Yellow/Orange/Red Pointe III/IV/V	Optional Elective	Wednesday	9:00-10:00pm
Y/O/R Wellness for the Dancer	Optional Elective	Wednesday	5:30-6:00pm
Stretch & Flexibility	Optional Elective	Monday	9:00-10:00pm
Acro IV/V	Optional Elective	Saturday	11:00-12:00pm

SDSD ELITE COMPANY: RED LINE			
Class	Mandatory / Optional	Day	Time
Yellow/Orange/Red Modern	Optional Elective	Tuesday	6:00-7:00pm
Yellow/Orange/Red Hip Hop	Optional Elective	Tuesday	7:00-8:00pm
Yellow/Orange/Red Lyrical	Optional Elective	Wednesday	8:00-9:00pm
Y/O/R Wellness for the Dancer	Optional Elective	Wednesday	5:30-6:00pm
Acro IV/V	Optional Elective	Saturday	11:00-12:00pm
Red Jazz	Mandatory Class	Monday	9:00-10:00pm
Red Ballet	Mandatory Class	Tuesday	8:00-9:00pm
Red Ballet	Mandatory Class	Thursday	8:00-9:00pm
Red Leap & Turn	Mandatory Class	Tuesday	9:00-10:00pm
Red Tap	Mandatory Class	Thursday	9:00-10:00pm
Red Strength & Conditioning	Mandatory Class	Monday	8:00-9:00pm
Red Additional Class TBD	Mandatory Class	Wednesday	9:00-10:00pm